

VEGAN MENU

NIBBLES

olives *gf, df, v, vg* / **chilli mixed nuts** *gf, df, v, vg* **3 each**
homemade bread selection, balsamic vinegar, fiorano241 olive oil *df, v, vg*
padron peppers *gf, df, v, vg* / **hummus, flatbread** *gfa, df, v, vg* **4.5 each**
sharing board for the table made up of all the above **15**

STARTERS

allotment soup with homemade bread **6.5**
please ask a member of our team about today's soup
english asparagus with truffle & hazelnut *gf, df, v, vg* **8.5**
charred tender stem broccoli, quinoa, blood orange, crispy kale & almond *gf, df, v, vg* **7.5**

MAINS

falafel, tender stem broccoli, baba ghanoush, pomegranate & zaatar yogurt *df, v, vg* **16.5**
roasted gnocchi, vegan cheese, wild garlic pesto, peas & lemon *gf, df, v, vg* **8.5/17**
grilled vegetables with chermoula, roasted new potatoes & almond *gf, df, v, vg* **17.5**

ON THE SIDE

skinny fries *gf, df, v, vg* / **spring greens in garlic** *gf, df, v, vga* / **roasted new potatoes** *gf, df, v, vg*
tender stem broccoli & almond *gf, df, v, vg* / **mixed leaf salad** *gf, df, v, vg* / **rocket & vegan cheese salad** *gf, v, vg* / **3.5 each**

DESSERTS

chocolate brownie with salt caramel ice cream *df, v, vg* **7**
polenta cake with blood orange, hazelnut & vanilla ice cream *gf, df, v, vg* **7**
selection of ice creams & sorbets *gfa, dfa, v, vga* **2.5 a scoop**

SUNDAYS AT BALLIHOO

we offer roast lunch from 1200 till 1530 with a selection of local meats & veg
or for something really special take advantage of our whole joints to be shared family style
please ask a member of our team for more information, pre order required

PLAY. GRAZE. LAZE.

gf = gluten Free | *gfa* = gluten free available
df = dairy free | *dfa* = dairy free available
v = vegetarian | *va* = vegetarian available
vg = vegan | *vga* = vegan available



Please be aware not all ingredients are listed on our menu. if you have any allergies please speak to our staff, who can provide you with a more detailed allergen menu and help you with your food choices. An optional 12.5% service charge is added to the bill. This is shared between all our staff & truly appreciated.